



FEES

Fees for Next Term via GoCardless

Fees are for 6 weeks TRA & 7 weeks GYM and will be taken the first week of June. Any problems please get in touch.

TERM DATES

(EXCLUSIONS IN RED)

WHITSUN WEEK 28TH MAY – 1ST JUNE

4TH JUN – 20TH JULY

(7 WKS GYM 6 WKS TRA)

25TH JUNE NO TRA SESSION – LATE BANK HOLIDAY

NEW TERM STARTS MONDAY 10TH SEPT TRA

WEDNESDAY 12TH SEPT GYM

COMPETITION SUCCESS

TRAMPOLINING – APEX CLUB COMPETITION

We had a fantastic morning at the Apex competition with 17 gymnasts entered. Thank you to Apex TC for having us. Everyone performed great routines. Podium places went to: Beth ST 1st, Lara S 2nd, Megan P 3rd, Rubie K 2nd, Jess G 3rd, Lucy A 1st. Amazing! Plus I must wave the flag to coach Lucy who despite giving up training at Apex 2 years ago walked away with 1st place and the highest score of the day. She was awarded the Stephen Locke memorial trophy. Steve was an incredible coach and judge, well respected in the trampoline community. He also used to coach Lucy before he passed away, so even more touching for Lucy. Well done to everyone! Photos are on the website & the Facebook group.

TUMBLING – STEVENAGE SPORTS ACROBATIC CLUB COMPETITION

This was our first ever gymnastics competition, so very special for all of us. We took a team of 11 girls to tumble in the Club 1 Level competition. Great performances from all, no major faults, just a few nerves. All the girls who entered had a great morning. Podium places went to Neave B 1st, Izzy H 2nd, Poppy W 3rd, Rubie K 2nd and Lexi B 3rd. A special mention to Leila who has been helping her team mates practice outside the gym. Coach Lucy gained a well-deserved 2nd place in the Grade 4 pairs acro competition despite spraining her ankle in the warm up. Coach Jess entered the Club 3 Level tumbling & performed her very first flick (back handspring) in the competition, no podium place but a great performance against a tough group. Very well done to all! Photos on the Facebook closed Group and website. A big thank you to SSAC for having us.



HOLIDAY FUN GYMNASTICS & TRAMPOLINE DAY CAMP

We only have two spaces left now so let us know if you would like to join us on the 1st June. Full details of the day will be emailed out to everyone booked on.

We will also be holding a holiday camp on Mon 13th, Tue 14th, Wed 15th August, £30 per day or come for all three and get the 3rd day half price (£15)!

These summer sessions will be open to existing members and if there is space will be open to non-members, so bring a friend if you wish! (All non-members will be covered by BG insurance).

The sessions will cover gymnastics, tumbling, trampolining, team games, trampoline basketball, parachute games, arts & crafts and will create a group display routine for showing to parents at the end of the day.



BUNTINGFORD CARNIVAL

Saturday 16th June.

Come along and join the parade with us. We will need to assemble in Bowling Green Lane at 2.15pm. Trampolinists are also welcome to join in. Please wear your club t-shirt, Sweatshirt or Leotard & shorts. We will be cartwheeling along the road and will also put in a few Acro balances along the route. Please wear pumps or trainers! Full details will be emailed.

SSAC LEADERSHIP TUMBLING COMPETITION

Sunday 24th June.

Good luck to our team of 25+ gymnasts that are entered into the competition. Coach Lucy will be one of the judges on the day. Full details will be emailed out soon.

TRAMPOLINING

Coach Lucy will be taking her Level 1 coaching course in September with exam in December. Good Luck Lucy!

ROLL OF HONOUR

Roll of honour – Gymnast of the month for March is Kitty Morrison. Kitty was nominated by coach Lucy who has seen a big improvement in Kitty's skills. Well done! Badges passed: Lara, Hannah and Kyler.

GYMNASTICS

Badge Testing

Congratulations to all the gymnasts that have passed badges this term, especially Lexi, Neave, Amelia, Jasmine, Lucy, Rubie & Annie who have passed the first advanced badge – Pairs & Groups Bronze. We will continue this week but if you have missed badge testing please let us know and we will ensure your child is tested. Sometimes the higher badges do take a while to pass as skills need to be perfected before we can pass them. Most of the gymnasts will have just done their badge 7 so this is what is required for badge 6. Most of which can be practiced at home safely if you have a mat or soft carpet.



Watching Weeks

This term's watching week will be on Wednesday 23rd May. All our watching weeks are the last week of term unless otherwise stated. This week we are mixing it up and continuing badge testing plus acro week. If you can't make a watching week please get in touch and we can sort out another time for you to come along. We keep an 'open gym' so although we don't have space for parents to watch every week (and it is not always good for gymnasts to have parents watching every week) we are always happy to have the odd parent stay to watch a session.

CLOSED FACEBOOK GROUP AND NEW INSTAGRAM PAGE



Please, Please, Please ask to join our Facebook group. This is a closed group and not public. We can share videos and photos on here. We have also set up an Instagram page. Search for ribvalleytc. Please let us know if you would rather not share photos/video's on Instagram. We also have a public Facebook page.

Andrea, Lucy, Amy, Scott, Erin, Stacey, Jess, Alex and Hattie

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