



COMPETITION SUCCESS - SUPERB!

TUMBLING – STEVENAGE SPORTS ACROBATIC CLUB (SSAC) LEADERSHIP RUN COMPETITION

This competition was organised by Andrea who also coaches at SSAC and runs the leadership academy. The competition is set up and run by the gymnasts (young leaders) at SSAC (Rib Valley helper Hattie and coach Lucy being part of the team). Clubs also entered in the competition were from SSAC and Royston Gymnastics Club.

Rib Valley entered a whopping 30 gymnasts and you all performed brilliantly, most of you in your first ever competition. Out of all of these we came away with 17 trophies (1st, 2nd or 3rd places) which is amazing! Everyone also came away with a medal for taking part. And thanks to Coach Lucy who was on the judging panel, and Jess and Hattie who helped on the day. We had great feedback on what a lovely friendly competition it was. #proudcoach



BUNTINGFORD CARNIVAL

Saturday 16th June.



The weather was very kind to us. Everyone was super excited and really enjoyed themselves. We had a team of 30 gymnasts parading, doing cartwheels, backbends, walkovers and occasionally we stopped and performed acro balances to the crowd. We had plenty of cheers from the crowd. Hope to do it again in two years' time! The coliseum balance was the most popular by the gymnasts and the spectators!



TERM DATES

(EXCLUSIONS IN RED)

NEW TERM STARTS:

MONDAY 10TH SEPT TRA (7 WEEKS)

WEDNESDAY 12TH SEPT GYM (7 WEEKS)

HALF TERM MON 29TH OCT - FRI 2ND NOV

MONDAY 5TH NOV TRA NO SESSION



HOLIDAY FUN GYMNASTICS & TRAMPOLINE DAY CAMP

We only have three spaces left for Monday 13th and two on Tuesday 14th August now so let us know if you would like to book.

These summer sessions will be open to existing members and if there is space non-members, so bring a friend if you wish! (All non-members will be covered by BG insurance). The sessions will cover gymnastics, tumbling, trampolining, team games, trampoline basketball, parachute games, arts & crafts and will create a group display routine for showing to parents at the end of the day.

The session we ran in June was a great success and everyone had lots of fun!

FEES

Fees for Next Term via GoCardless

Fees are for 7 weeks for both GYM and TRA and will be taken the first week of September. Any problems please get in touch.

WATCHING WEEKS GYM

This terms watching week will be on Wednesday 18th July. We keep an 'open gym' so although we don't have space for parents to watch every week we are always happy to have the odd parent stay to watch a session.

ROLL OF HONOUR - TRAMPOLINING

Roll of honour – Gymnast of the month for June is Charlotte Hallett. Charlotte has been working really hard to overcome a mental block with a back landing. Charlotte can now perform them without any hesitation and is starting to work on adding twists into and out of her back landing. Well done! Badges passed: Rubie, Lucy Willett, Daizee-Mae, Jess, Megan, Kimberley, Sophie, William, Levi, Beth, Jimmy and Katy.

ROLL OF HONOUR – GYMNASTICS

Gymnast of the month is Daisy Watkins. Daisy always listens, tries really hard and has been practicing her splits at home and is now down to the floor! Well done Daisy. Also Leila Bradley received a star award for helping her fellow gymnasts practice their tumbling routines for the recent competition. Leila also helps set up the equipment at the start of the session. Thank you Leila #coach-in-the-making

ANNUAL MEMBERSHIP – GOCARDLESS SEPTEMBER UNLESS INSTRUCTED OTHERWISE!

Annual British Gymnastics membership is due when we return in September £25 per child (no increase for 5 years!). I realise that along with fees, September can be an expensive month. So I am happy to split the fees/membership and you can pay half in August and half in September, please get in touch if you would like this to happen otherwise both will be taken the first week of September via GoCardless. If you have problems with payments please also get in touch.

NEW FRIDAY GYMNASTICS CLASSES!

We are planning of adding another evening due to demand. Friday afternoon, same time as Wednesday's at Edwinstree Middle School. If you are interested in your child attending two sessions a week or swapping days, please get in touch. You will get first priority and a discount in fees for doing two classes.

PRESCHOOL CLASSES FOR THE FUTURE!

I get regular requests for under 5s to join our club. However, I am not qualified or insured for preschool classes. But the exciting news is that BG is restructuring the preschool qualification and it is due to be launched at the beginning of 2019 so watch this space, I will be booking on the course!

THANK YOU & GOOD LUCK

Finally I would like to say thank you to all our new members and to all the gymnasts. We added our gymnastics classes in January and they have been fantastic, it has been brilliant seeing everyone grow and achieve. Also thank you to the parents that have helped along the way, some came and helped in the carnival, Emma has helped in the classes, SSAC coaches Jenna & Gabby who have helped with coaching when needed. Also a big thank you and good luck to coach Jess who has secured an apprenticeship at Affinity Gymnastics in Hoddesdon! Congratulations. We will miss you!

We all hope you have a great summer and be careful performing skills outside of the gym!!

Andrea, Lucy, Amy, Scott, Erin, Stacey, Jess, and Hattie



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